

Wholeness is...

Pray Until Something Happens

An Evening with Dr. John Thornton – **Sunday, February 26, 7:30 – 9:30pm**

Explore and Experience the wholeness and satisfaction that comes from prayer.

Learn how Non-Believers can pray and why they should.

A How-To and Why experience

The Healing Power of Laughter

With Paul Huschilt

Wednesday, March 21, 7:30 – 9:30pm

7 Humour Habits for Healthy Living

Meditation

With Cathy Mines of Reach Yoga -

Wednesday, April 25. 7:30 – 9:30pm.

Everything we need to know, we already know inside. An exploration of techniques to help ground, centre and discover.

Integral Living

With Lee-Ann Ahlstrom

from Jubilee United Church

Wednesday, May 23, 7:30-9:30pm.

A flexible and contemporary blueprint for Physical Health, Emotional Balance, Mental Clarity and Spiritual Awakening.

Combining East and West; Ancient and Cutting Edge, these practices inspire a life of freedom and fullness

Presented by Jubilee United Church.

www.jubileeunited.ca

Tickets are \$10 each (at the door)

or \$30 for all 4 evenings.

Series and Individual Tickets are

available at the Church Office

(416)447-6846\

40 Underhill Dr. Don Mills

